

# EMBOSSING USING A STENCIL

## Materials

- Scrap poster or mat board
- Glue
- Burnishing tool, folding tool, tongue depressor, smooth cuticle sticks, or any blunt instrument to rub paper over stencil
- Soft paper, foil, or printmaking paper (lightly dampen the printmaking paper before rubbing)

## Directions

1. Create a stencil by cutting a shape out of scrap mat or poster board
2. Glue the stencil on a surface. This surface could be scrap cardboard, mat board, or poster board. You could also use old or new boxes as your surface.
3. Lay your paper or foil over this design and gently rub around the edges of the pieces creating your design using the embossing instrument.
4. Rub from the perimeter to the center in order to not tear or rip your paper.